



BULLETIN

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Term 1 Week 8

18th March 2020

COMING EVENTS

Thursday 9th April
Last day of Term 1

Monday 27th April
Staff Development Day

Tuesday 28th April
Students return for Term 2

Postponed / Cancelled (new dates to be advised):

School Photos
Parent Teacher Interviews
Interrelate
School Cross Country
Easter Hat Parade
ANZAC Assembly
P&C Meeting
School Banking



Permission Notes Sent Home and Payments Due

Year 7 Expression of Interest
Due Friday 20th March

Overdue

Publishing Student Information Note

First Aid Treatment Note
Due Thursday 12th March

Absence Notification by SMS (new students)
Note overdue

Principal's Message

COVID 19 – Thank you for your understanding and patience

I would like to take this opportunity to personally thank the Cardiff North Community for your understanding and patience as the COVID-19 situation unfolds.

The Department of Education continues to work closely with NSW Health, distributing operational guidelines to schools to ensure we remain updated with the most current advice in relation to COVID-19. This is to support the safety and wellbeing of students and staff and the continuity of student learning.

Stay home if you are sick

The health and safety of our students and staff is paramount. If staff or students are unwell with respiratory illness, they should remain at home until symptoms resolve and, where appropriate, seek advice from a medical practitioner (and call ahead first). Remember to also clean your hands thoroughly for at least 20-seconds with soap and water and cover your nose and mouth with your elbow when you cough or sneeze.

Support good hygiene in schools

All schools are reinforcing good hygiene practices throughout their school community. This starts with sending any member of staff or student who shows signs of being unwell, home.

In the school environment we have:

- Supervised hand sanitation, particularly for younger children
- Promoted cough and sneeze etiquette
- Gamified hygiene rules e.g. to discourage children touching their face
- Introduced regular hand washing schedules throughout the school day
- Introduced regular and enhanced cleaning for high touch surfaces
- Used outdoor settings where possible
- Increased ventilation in classrooms

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Updated international travel restrictions

On 15 March, the Government put in place new measures for people arriving in Australia. Individuals **must** self-isolate for a period of 14 days on arrival to Australia, including returning Australian citizens and residents. You are also required to self-isolate if you have been diagnosed with the COVID-19 or if you have had close contact with a confirmed case of COVID-19 infection.

Social Distancing Measures

A phased social distancing strategy has been implemented from Monday 16 March 2020, to support ongoing school and corporate operations. These social distancing measures have required schools to cancel assemblies, excursions, travel, events and conferences. These measures are precautionary and designed to **reduce exposure via non-essential gatherings**.

Preparing our staff, students and parents for online learning in the event of possible, future school closures

Our staff are currently being trained in using the Google Classroom online platform to deliver lessons to students should our school need to close for a period of time. The lesson preparation they are doing is closely matched to what they would be doing if they were on site at school, following our normal school scope and sequences and stage programs.

Our students are being trained in how to access and complete work using this platform. We will provide packs for parents which will include instructions for accessing online platforms. This will assist you to help your child at home and will ensure you will be able to continue your child's learning in the event of a school closure.

Currently our website contains links to departmental suggested units, learning activities and resources that can be delivered to students who are currently unable to attend school. These resources are organised via stage and grade level. Should school closures occur, our school is well prepared to move swiftly into an online platform, where students will continue as close as practical to their normal class programs and routines.

Thank you for your support in implementing the increased hygiene practices and social distancing measures in our schools with the purpose of limiting the spread of germs including viruses in our school community.

Stay healthy and be kind to each other.

Allyson Corrigan

Principal

Cardiff North Public School

A proud member of the Cardiff Community of Schools

P&C NEWS

I am proud to announce that our new P&C President for 2020 is Shantel Evans and our Vice President is Kim Palmer.

Leone Wood will remain Relieving as Treasurer and Monique Anderson will remain Relieving as Canteen Manager.

The Uniform Shop will continue to be run by Kim Palmer.

All Relieving positions as well as the unfilled position of Secretary will be discussed and voted on at our next P&C meeting.

Due to social distancing measures implemented by the department, we are unable to advise when our next P&C meeting will be at this time.

SCHOOL PHOTOS

At this stage, we look to hold School Photos in Term 4 this year.

If you had already made an online payment prior to Tuesday's cancellation, this will be held in credit with the photographer. If you wish to discuss an alternative, please phone MSP Photography on 4966 8292

NAPLAN ONLINE PREPARATION 2020

Cardiff North are in the process of preparing our students for NAPLAN 2020.

Year 5 will participate in the Coordinated Writing Practice Test on Monday 23rd March (Week 9).

All Year 3 and Year 5 students will be participating in an *Omnibus practice during on Tuesday 24th March*. These tests are not graded and are just to familiarise our students with the online platform.

The formal NAPLAN Assessments will occur from 12th to 22nd of May.

Regards, Kate Gillard (NAPLAN Coordinator)



NAPLAN Online – information for parents and carers



2020

Your child will do the NAPLAN tests online in 2020

Federal, state and territory education ministers agreed that all schools will gradually transition from the current paper-based NAPLAN to NAPLAN Online in order to provide a better and more precise assessment that is more engaging for students.

State and territory education authorities will determine when their schools move online. The current plan is for all schools to transition to NAPLAN Online by 2021.

One of the main benefits of NAPLAN Online is tailored (or adaptive) testing, in which the test presents questions of higher or lower complexity depending on a student's performance.

Tailored (or adaptive) testing is designed to assess a wider range of student abilities and to measure student achievement more precisely. Your child should not be concerned if they find questions more challenging than usual; they may be taking a more complex test pathway. A student's overall NAPLAN score is based on the number and complexity of questions they answer correctly.

Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process – it does not replace ongoing assessments made by teachers about student performance.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians

are achieving important educational outcomes in literacy and numeracy.

What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

As students are assessed on the same literacy and numeracy curriculum content, regardless of whether they complete the test online or on paper, results for both formats can be reported on the same NAPLAN assessment scale. To find out more about NAPLAN Online, visit nap.edu.au

How can I help my child prepare?

On its own, NAPLAN is not a test that can be studied for and students are not expected to do so.

Help your child prepare by reassuring them that NAPLAN is just one part of their school program, and by reminding them on the day to simply do their best.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

Ensuring students are familiar with using devices, typing on them and navigating through programs is a part of student learning and a requirement of the Australian Curriculum from the first year at school.

NAPLAN Online is not a test of keyboard skills. There are variations in how fast and well a student can type – just as there are variations in how fast and well a student can write by hand. Year 3 students will complete the writing test on paper.

Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

See the type of questions and related functionalities available in the NAPLAN Online assessment at nap.edu.au/online-assessment/public-demonstration-site

Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN assessment. Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. You should discuss the use of any adjustments for your child with your child's teacher.

A student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on special provisions or the process required to gain a formal exemption.

What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule. Individual students are not permitted to do NAPLAN Online tests after Friday 22 May 2020.

NAPLAN Online 2020 timetable

The assessment window for NAPLAN Online is nine days instead of the three days provided for the paper test. This is to give schools flexibility in scheduling and accommodate schools that may have fewer devices.

The NAPLAN Online assessment window is open from Tuesday 12 May till Friday 22 May 2020.

The online test scheduling requirements are detailed in the table below.

Test	Scheduling requirements	Duration	Test description
Writing	Year 3 students do a paper-based writing test (on day 1 only) Year 5 must start on day 1 (schools must prioritise completion of writing across days 1 and 2 only) Years 7 and 9 must start on day 2 (schools must prioritise completion of writing across days 2 and 3 only)	Year 3: 40 min. Year 5: 42 min. Year 7: 42 min. Year 9: 42 min.	Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)
Reading	To ensure online schools are able to complete NAPLAN tests within the nine-day testing window, Years 7 and 9 students can start with reading on day 1; however, writing must start on day 2 as the writing test takes priority over any rescheduled reading tests from day 1 To be completed before the conventions of language test	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	Students read a range of informative, imaginative and persuasive texts and then answer related questions
Conventions of language	To be completed after the reading test	Year 3: 45 min. Year 5: 45 min. Year 7: 45 min. Year 9: 45 min.	This test assesses spelling, grammar and punctuation
Numeracy	To be completed after the conventions of language test	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	This test assesses number and algebra, measurement and geometry, and statistics and probability

How is my child's performance reported?

Individual student performance is shown on a national achievement scale for each assessment. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be issued by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN test results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to better identify students who would benefit from greater challenges or extra support.
- Schools use results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at myschool.edu.au

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

To learn how ACARA handles personal information for NAPLAN, visit nap.edu.au/naplanprivacy



P&C NEWS



P&C MEETINGS

Our next meeting has been

POSTPONED

until further notice

UNIFORM SHOP HOURS

TUESDAYS and
WEDNESDAYS from 2.45pm

Order forms available from the office

EFTPOS is now available in the Uniform Shop during Uniform Shop hours.
Please note that there is a 1.9% transaction fee to use this facility.

Good for Kids good for life

GREAT CHOICE HEALTHY SCHOOL CANTEEN

We are excited to share that our school canteen is now a leader in providing a healthy food service to our students and staff. Our menu has been recognised as a "**Great Choice Healthy School Canteen**" meaning that it meets the NSW Healthy School Canteen Strategy.

A big thanks goes to our Canteen Manager/ P&C Committee/ Canteen Committee for all your hard work in reviewing our school canteen menu. Please support our canteen by ordering lunch and/or recess or volunteering in the canteen.



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

INSIGHTS

Leading the way for children during the Coronavirus pandemic



If you're like me, the news of the Coronavirus (COVID-19) pandemic has your head spinning and your heart pumping. That's only natural as life as we know has taken a seismic shift in recent days.

International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures continue to dominate the airwaves. Terms such as social distancing, self-isolation and social lockdowns have entered our vocabularies and may soon become part of our daily lives.

Coronavirus is having an unprecedented impact on our daily lives, and will probably do so for some time. While keeping ourselves and children healthy and safe is our main concern, it's also essential to address the anxieties of children and young people during these changing times. Here are some ideas to help inform, reassure and keep children and young people safe.

Build on what your children know

Children and young people have already been exposed to a great deal of information about corona virus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources so you probably will need to help kids process what they already know.

Casual conversations with teenagers and older children can be useful ways to glean their understanding. You could ask questions like "What are you hearing about Coronavirus? Is there anything you're not sure about?" Younger primary age children may need a more direct approach with parents addressing their specific concerns without giving too much information that can overwhelm them.

Check your own thoughts and feelings

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

Stay informed

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government corona virus information media campaign.

parenting * ideas

Answer questions truthfully

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

Initiate positive action

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

Find refuge in rituals

Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

Look outwards

In difficult times there is a tendency to look inwards, which is a natural protective strategy. The alternative is to establish a sense of connection and community spirit by focusing on generosity and togetherness. Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. However a significant challenge is one of personal leadership. That is, during these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do. In this, we can all take a significant lead.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.