

CARDIFF NORTH PUBLIC SCHOOL

A hidden treasure where every student is known, valued and cared for



BULLETIN

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Term 3 Week 4

14th August 2019

COMING EVENTS

Monday 5th August to Friday 30th August
Five Cent Round-up

Wednesday 14th August
2020 Kindergarten Parent Information Session - 6.00pm

Thursday 15th August
Community Wellbeing Launch Day

Monday 19th & Tuesday 20th August
Parent Teacher Interviews

Monday 19th to Friday 23rd August
Book Fair

Wednesday 21st August
Newcastle Permanent Maths Competition (Yrs 5 & 6)

Thursday 22nd August
Book Parade

Tuesday 27th August
2020 Year 7 Cardiff High School GATS Testing

Wednesday 28th - Friday 30th August
Stage 2 Excursion - Morisset

Permission Notes and Payments Due

Stage 2 Excursion \$259
Final balance and Medical Note OVERDUE

Zone Athletics Carnival \$10
OVERDUE

Year 6 High School Enrichment Activities
Note OVERDUE

PSSA \$50
1st Instalment \$25 OVERDUE
2nd Instalment \$25 OVERDUE

Stage 3 Excursion \$345
Note and \$50 Deposit OVERDUE

Matific \$11
OVERDUE

Voluntary Contribution \$40

P&C MEETINGS

Our next meeting will be held on
Tuesday 10th September 2019 at 6pm in the
staffroom.

Principal's Message

Welcome to our new staff members

Cardiff North Public School would like to extend a warm welcome to the new staff members who have joined us in the last week. Ms Natalie Gardiner is our new School Learning and Support Officer. She will work alongside Mr Armstrong and Mrs Sneddon to help support our students and teachers.



Ms Gardiner



Mrs Kuba

We also welcome Mrs Irene Kuba, our new Instructional Leader. She will work with our Interventionist, Mrs Lindsay, to provide targeted teacher professional learning and tiered interventions for our students from Kindergarten to Year 6.

Both new staff members have settled in well with our staff and students and they look forward to meeting our parent community at our Wellbeing Launch Day tomorrow.

Wellbeing Launch Day - tomorrow!

As mentioned in the previous few Bulletins, Cardiff North Public School invites you all to join us for our Wellbeing Launch Day tomorrow. Please see the flyer attached to this Bulletin for further information.

Kindergarten Orientation Information Session - 6pm tonight in the Library

We are looking forward to our first Kindergarten Orientation session to be held in the Library tonight. This session will give 2020 Kindergarten parents an opportunity to meet with our staff and learn about the programs we offer our students. Please see the flyer attached to this Bulletin for further information regarding the future Kindergarten Orientation sessions.

Book Week next week

Our Book Week flyer is attached to this Bulletin. Please come along and join us to see our students dressed up as their favourite book character or Superhero.

Enjoy your week everyone & stay warm!

Allyson Corrigan

Principal
Cardiff North Public School
A proud member of the Cardiff Community of Schools

PARENT TEACHER INTERVIEWS

Monday 19th & Tuesday 20th August



Please note that online school interview bookings close this Friday 6th August at 4pm. If you wish to book an interview, please do so by this date. Online booking instructions have been included later in this Bulletin.

2020 KINDERGARTEN PARENT INFORMATION SESSION

Parents of children starting Kindergarten next year are invited to an information session tonight, **Wednesday 14th August**, at 6pm in the Library.

MEDICAL ALERT

Please be aware that several of our students have recently been unwell and have confirmed cases of Influenza A. They have been kept home during their period of illness. Please remember to keep your children at home if they are unwell and seek medical attention as required.



Zone Athletics Carnival

The official results are in from this year's Zone Athletics Carnival and in a very close call, Wallsend South was the winning school and Cardiff North was the winner of the Small Schools Handicap.

I am very proud to say this is the second year in a row we have won the handicap. The handicap is a point system that is used to even the field across the 17 schools in our zone taking into account the number of students in the school (we are one of the smallest). Also, a special mention to Asamoah for breaking the existing Zone record for the Senior 1500m with a time of 5.27.96m.

PUBLIC SPEAKING ZONE FINALS

Congratulations to the following students who represented Cardiff North at the Zone public speaking finals:

- Early Stage 1:** Toby P and Harry E
- Stage 1:** Lucy W and Mary H
- Stage 2:** Kiarah S and Mackenzie N
- Stage 3:** Amelia W & Jaxon B

WOOLWORTHS OOSHIES

As some students have been trading Woolworths Ooshies and Coles Minis without parental permission, we are banning these from the school altogether. Please do not allow your child to bring these items to school.

FIVE CENT ROUND UP

Thank you for supporting our Five Cent Round up. Don't forget to send in your five cent coins throughout the month of August.

1/2M is currently in the lead followed by 5/6P and 3/4MW.



CANTEEN NEWS

Please note that the canteen will be closed tomorrow, Thursday 15th August, for the Community Wellbeing Launch Day.



Uniform Shop Hours

TUESDAYS and

WEDNESDAYS from 2.45pm

Order forms available from the office

EFTPOS is now available in the Uniform Shop during Uniform Shop hours.

Please note that there is a 1.9% transaction fee to use this facility.

CANTEEN ROSTER

Thursday 15th August **CANTEEN CLOSED**

Friday 16th August **Volunteer Needed**

Monday 19th August Pip Wingett
Kayleigh Swallow

Tuesday 20th August Donna Hatton

Wednesday 21st August **Volunteer Needed**

Thursday 22nd August **Volunteer Needed**

Friday 23rd August Kristy Hobson

CANTEEN VOLUNTEERS NEEDED!



We still urgently need canteen volunteers for Wednesdays, Thursdays and Fridays.

The canteen is at risk of closing on these days without more volunteers. Please see the office if you are able to spare a few hours weekly, fortnightly or monthly. Even once or twice a term would be a big help!

Thank you!!

V O L N T E E R

all that's missing is U!

Cardiff North PS presents...

COMMUNITY WELLBEING



LAUNCH DAY



Thursday, 15th August

To celebrate Education week, we invite you to a day full of exciting activities:

9am: Open Classrooms

10:15am: 'Opening Ceremony' led by our Parliamentarians to explain our new Wellbeing procedures

11am: Free Sausage Sizzle 😊

11am-12pm: Coffee Van available for a warm drink ☺

12pm: Rotational activities that explore our Education Week theme of 'Many students, one voice' and new Wellbeing procedures

1:40pm: Platypus cupcakes for all 😊

2pm: Staff VS Students sporting game... who will you cheer for?

All members of our school community are invited to join us for the whole day or parts of the day they can attend 😊

We hope to see you there!

**CARDIFF NORTH P.S BOOK WEEK
MON 19TH – THURS 22ND AUGUST**

CALLING ALL

**SUPER
HEROES**

Parade Day – Thursday 22nd

12:30pm - Open Classrooms – Come and join our Superhero literacy rotations

1:20pm - Grandparents Picnic Lunch
BYO picnic lunch on the oval,
everyone is invited.

2:00pm – Superhero Book Week Parade in the hall

Book Fair

Location:

School Library

Opening Times:

Monday-Thursday

Morning – 8:30am-8:50am

Lunch

Afternoon – 3:05pm-3:25pm



Switched On — 4 Life —

PARENTS
& CARERS

LEARN NEW WAYS FOR YOU
& YOUR CHILDREN TO-



Topics Covered:

- *Neuroplasticity-Use it or Lose it!
- *How to Switch on your Child's Brain and Body for Learning.
- *Brain Gym- Easy Movements You can use Immediately!
- *Computers & Screen Time- Fact & Fiction.
- *Mental Wellbeing- Anxiety, Stress & Relaxation.

www.switchedon4life.net.au

Where: Cardiff Nth PS

When: 27th Sept 2pm-3pm.

Cost: Free

HIGHLY SKILLED & QUALIFIED PRESENTERS

Vicki Paradiso

vicki@switchedon4life.net.au

Lisa van Koeverden

lisa@switchedon4life.net.au

Kindergarten Orientation

Puggles Program

Wednesday
14th Aug
6:00pm
Library

Parent Information Session

You will be introduced to our dedicated staff, who will present visual snapshots of what we offer our students at Cardiff North. You will be provided with a 'welcome pack' and meet our school wellbeing mascots.

Tuesday
10th Sept
9.30-11am
Library

Parent & Child Sessions

Students will meet their buddies and enjoy a tour of our school. They will be introduced to our mascots for their first lunch and play time at our school. Parents will have the opportunity to explore healthy lunchbox options from a 'Good for Kids' healthy eating advisor.

Thursday
19th Sept
9.30-11am
Hall

Literacy & Numeracy

Parents will learn about the Early Action for Success Initiative. K-2 students begin school with a strong team of staff who ensure their continual improvement. The role of the Instructional Leader and Interventionist K-2 is complimented by our learning support team. Scholastic book packs will be distributed.

Classroom Visit

Children will experience a variety of activities which will support them in a smooth transition to kindergarten. Opportunities to develop relationships with other students will occur in a highly supportive environment.

Tuesday
24th Sept
2-3pm
Hall

Wellbeing Information

School wellbeing procedures will be communicated to parents. Our learning support team will provide information on school readiness and support programs.

Classroom visit

Tuesdays and Thursdays
2-3pm
Kindergarten Room

Kinder Transition Days

Students will experience full kindergarten style lessons during these visits with support from their buddies and the orientation team.

Dates: Thursdays 17th, 24th and 31st of October and Tuesdays the 5th, 12th and 19th of November.





Dear Parents,

Parent/Teacher/Student interviews will be held Monday 19th August and Tuesday 20th August.

Interviews are strictly 10 minutes and spaces are limited. If you require more time with a particular teacher, please arrange a separate meeting by telephoning the school on 49540404

Go to www.schoolinterviews.com.au

MAKE A BOOKING

enter the code **2rajr**



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

Bookings must be finalised by Friday, 16th August at 4pm

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
 - OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.
-

insights

Protecting your child's online privacy

by Colin Anson



From sharing pictures of a child's first day at school to key moments at high school, many adults don't consider the potential risks or breach of future privacy for kids. In fact, it is now become a ritual to announce the full name and date of birth of a child online within hours of them being born. This is just the beginning of a child's digital footprint.

Although children are now 'born digital', exposure in the online world can present just as many risks as the physical world can pose. Images and identifying details can be used for numerous activities that put your child at risk, from stalking, to cyberbullying, identity theft, and even digital kidnapping.

The Australian eSafety Commission warns that half of all images on paedophile image-sharing sites originate from social media sites and blogs. Parents are responsible for protecting kids until they are old enough to make their own decisions about their online presence.

So, what can parents do?

Start by 'thinking privacy' before posting images of children online. You'll be protecting their digital footprint and setting them up for a healthy relationship with the digital world.

Seek consent

Always ask others before sharing images of their children, even your family. Speak up about how you feel about images of your child being shared. When your child is old enough, ask them for consent, empowering them to understand they have a right to their privacy online. As they become teenagers, hopefully they will have more respect for what they post online and have confidence to speak to others about their consent guidelines.

Understand the settings

Check the settings of your social media channels to ensure your posts are not public. Speak to your friends and family about this and don't be afraid to ask for help to get it right. If your child has social media channels of their own, go through the settings with them to minimise the risk of unwanted shares.

Think about the detail

Avoid including children's identifiable details such as school badges, logos, uniforms, name tags or identifiable locations such as your home area or school. Alternatively, blur these details prior to posting.

Be selective

Create a simple checklist to help make decisions regarding posting online easy. What do you deem appropriate? Are you happy to share images of your children in swimwear? Do you want to avoid full-frontal face shots?

If your child is old enough, explain why you are selecting certain pictures and not sharing others. If you have a teenager who is sharing their own images, talk to them about what is appropriate and potential repercussions of not setting boundaries.

Remove metadata

Metadata on digital images records the time, date and GPS coordinates of where the photo was taken and can be accessed through shared images, and your sharing service may record your IP address. You can wipe this information with appropriate software or share screenshots of your photos to avoid metadata sharing. Screenshot sharing creates a lower resolution photo, so it's less likely to be tampered with by a third party.

Think 'privacy first' to reduce many of the risks involved with image sharing. Have conversations with your children to instil this mentality; help them build empathy; and identify the steps for minimising risk whilst helping them build a healthy relationship with technology so they can become responsible digital citizens.



Colin Anson

Colin Anson is a digital entrepreneur, and the CEO and co-founder of child image protection and photo storage solution, [pixevety](https://pixevety.com). Find out more about Colin at pixevety.com.