

# CARDIFF NORTH PUBLIC SCHOOL

A hidden treasure where every student is known, valued and cared for



## BULLETIN

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Website: <https://.cardiffnth-p.schools.nsw.edu.au>

Term 4 Week 2

23rd October 2019

### COMING EVENTS

#### Tell Them From Me Survey

Open now until 25th October (see details later in Bulletin)

#### Monday 14th October - Friday 25th October

Swimming Scheme (Years 2, 3 & 4)

#### Thursday 24th & 31st October

2020 Kindergarten classroom visits 2pm-3pm

#### Friday 18th October - Friday 6th December

Dance2BFit

#### Thursday 31st October

Year 6 Fundraiser - Walkathon

#### Friday 1st November

MusicaViva B'Tutta Concert

Puggles Welcome & Infants Disco 6pm-7pm

#### Monday 4th November

Total Homestead Excursion K - 2

#### Tuesday 5th - Friday 8th November

Parliament speeches

#### Tuesday 5th, 12th & 19th November

2020 Kindergarten classroom visits 2pm-3pm

#### Monday 11th November

2021 Selective High School applications close

#### Tuesday 26th November

Swimming Carnival

### Permission Notes and Payments Due

#### Total Homestead \$27

Note and payment due 25th October

#### Stage 3 Excursion \$345

Final payment due 25th October

#### Stage 3 Cadbury Chocolate Fundraiser

Money & leftover chocolates due 4th November

#### Voluntary Contribution \$40

### OVERDUE

#### Dance2BFit \$26

#### MusicaViva \$6.50

#### Swimming Scheme \$85

#### Walkathon

Permission Note

#### Absence Notification by SMS Note

#### PSSA \$50

#### Matific \$11

### Principal's Message

#### *Tell Them From Me Parent Survey due by 25<sup>th</sup> October 2019*

This Term, our school will be participating in the *Partners in Learning* parent survey, part of the *Tell Them From Me* suite of surveys on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between **16 October and 25 October**. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

To access the survey for our school go to:

<http://nsw.tellthemfromme.com/fh72v>

The survey is available in 23 languages.

Please take the time to complete the survey. We use the information you provide to help refine our systems within the school and also to celebrate the successes of our impact on our students as educators.

Have a fantastic week everyone!

*Allyson Corrigan*

Principal

Cardiff North Public School

A proud member of the Cardiff Community of Schools



## **Tell Them From Me Parent Survey - closes 25<sup>th</sup> October 2019**

This Term, our school will be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

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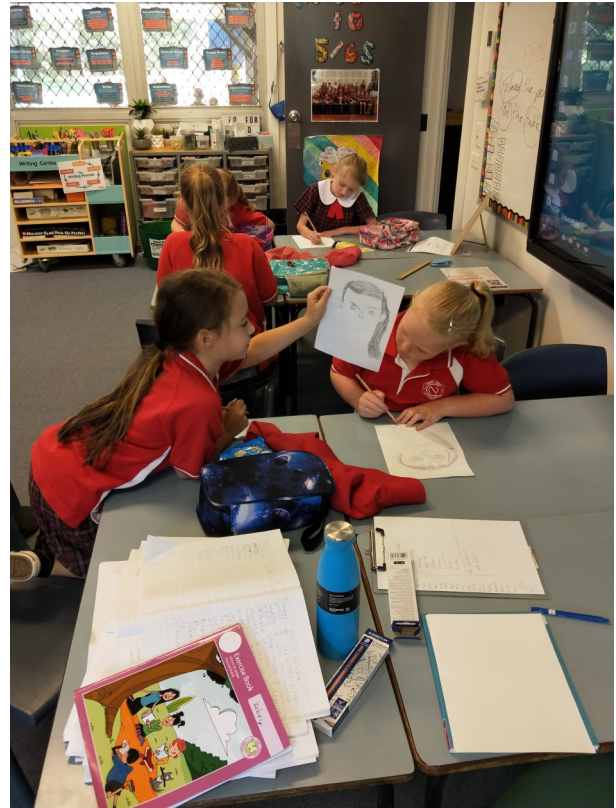
The survey is available in 23 languages.

**Please complete this survey as it provides valuable information for our school.**

## ART CLUB

Art Club began this week and students were very excited to get creative! This week, students crafted portraits of their peers!

Art Club is a lunch-time activity for stage 2 and 3 students who want an extra opportunity to explore different forms of visual arts. Art Club meets on Mondays and Tuesdays at lunch time in 5/6S.



# CARDIFF NORTH PUBLIC SCHOOL



Invites 2020 kindergarten and current infants students to a



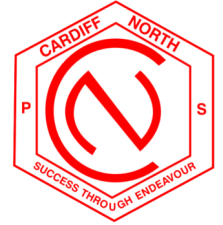
Friday 1st November

6.00pm - 7.00pm





# P&C NEWS



## CHRISTMAS RAFFLE DONATIONS



Helpers are required to source and collect donations for our Christmas Raffle. A letter will be provided by the P&C to assist and can be given to potential donors. Please see Kimberley Bristow or the school office if you are able to help.

### P&C Positions To Be Filled

The P&C are seeking volunteers to fill the following positions:

- ⇒ Treasurer
- ⇒ Canteen Supervisor

Please see the office if you are interested in either position or would like more information.



### Uniform Shop Hours

**TUESDAYS** and

**WEDNESDAYS** from 2.45pm

Order forms available from the office

**EFTPOS is now available in the Uniform Shop during Uniform Shop hours.**

Please note that there is a 1.9% transaction fee to use this facility.

### P&C MEETINGS

**Our next meeting will be held on Tuesday 12th November 2019 at 6pm in the library.**



# SAFETY around schools

## ROAD RULES IN SCHOOL ZONES:

### **Pedestrian crossings**

You cannot stop within 20 metres before a pedestrian crossing or 10 metres after a pedestrian crossing unless there is a control sign permitting parking. *Minimum penalty: \$439 and two demerit points*

### **Double parking**

You may not stop on the road alongside to another vehicle at any time even to drop off or pick up passengers. *Minimum penalty: \$330 and two demerit points*

### **Parking on a verge**

You cannot stop or park on a verge area (footpath, nature strip, dividing strip or kerb). *Minimum penalty: \$183 and two demerit points*

## PARKING RESTRICTION SIGNS



### **You cannot stop here**

A driver must not stop in a no stopping zone.

*Minimum penalty: \$330 and two demerit points*



### **You can stop here for two minutes only**

You have no more than two minutes to drop off or pick up passengers or goods and the driver must stay within three metres of the vehicle.

*Minimum penalty: \$183 and two demerit points*



### **You cannot stop here**

You are not allowed to stop your vehicle unless you are driving a bus.

*Minimum penalty: \$330 and two demerit points*



### **You cannot stop here**

Unless a current Mobility Parking Scheme (MPS) permit is displayed.

*Minimum penalty: \$549 and one demerit point*



02 4921 0333



[lakemac.com.au](http://lakemac.com.au)



[council@lakemac.nsw.gov.au](mailto:council@lakemac.nsw.gov.au)



# Tell Them From Me parent survey Frequently Asked Questions (parents and carers)

Centre for Education Statistics and Evaluation

## 1. What is the Partners in Learning parent survey?

The Partners in Learning parent survey is part of the *Tell Them From Me* suite of surveys on student engagement. The parent survey helps to clarify and strengthen the important relationship between parent and school.

The survey is designed to measure, assess and report insights from the parent point of view at the school and system levels. The focus of this NSW survey is on student wellbeing, engagement and effective teaching practices.

## 2. What kind of questions will the survey ask?

The survey questions aim to understand parents' perspectives on their child's experience at school, including teaching, communication and the school's support of learning and behaviour. The survey also aims to understand parents' perspectives on activities and practices at home related to their child's learning.

The survey will ask parents questions about:

Parents feel welcome	Parents are informed	Parents support learning at home
School supports positive behaviour	Safety	Inclusion
Communication preferences	Parents' participation at school	School supports learning

## 3. How have schools been selected to take part?

The survey is open to all NSW government schools at no cost to them. Your school has decided to participate.

## 4. How will taking part in this survey benefit my child's school?

The parent survey provides school principals and school leaders with parents' perspectives on their school as well as learning at home. Communication between parents and staff, activities and practices at home, and parent views on the school's support of learning and behaviour help build an accurate and timely picture that schools can use for practical improvements. Data collected from the survey responses are quickly compiled into reports for school leaders. Principals can then use this information to help them identify emerging issues and plan for school improvement.

## 5. How does the parent survey relate to the student survey?

The parent survey is complementary to the *Tell Them From Me* student survey that your child may have been asked to complete. These surveys are offered (along with a teacher survey) to ensure schools can capture the views of students, teachers and parents.

For more detail on each of the surveys, see the survey website: <http://surveys.cese.nsw.gov.au/>

## 6. What do I need to do to participate in the survey?

The survey typically takes 15 minutes and is conducted entirely online through a secure website operated by the survey developers, *The Learning Bar*. You can complete the surveys on desktop computers, laptops, ipads, tablets and smartphones. You will be provided with a link to complete the survey at home or your school may make computers available so that you can complete the survey during school hours. This link will be distributed to you by your school during Term 3.

## 7. Do I need to participate?

No, participation in the survey is optional. Whilst your responses are very much appreciated, if during the survey, you feel uncomfortable, you can stop the survey at any time. The majority of questions in the survey can be skipped.

## 8. Will the school be able to identify me or my child from my responses?

Survey responses are anonymous so staff in schools will not be able to identify individual parents or students from parent responses. Data suppression rules are applied to the school reporting tools where there are fewer than five responses. In other words, schools only see responses to questions which have been answered by five or more parents.

## 9. What sort of analysis will be done of the survey data?

Once the surveys are completed, reports are prepared and in most cases are available to schools within three business days. School leaders can use the data to better understand the experiences and views of parents at their school.

CESE will undertake state-wide analysis of the survey data in conjunction with existing student data held by the department, including performance data. The results will help all schools better understand the relationship between

parents and students' engagement, students' wellbeing, effective teaching and student learning. Results from CESE's analysis of this data will also help teachers and principals discuss what works to improve student outcomes. This supports the department's continuing focus on quality teaching and leadership. The data will be retained for future analysis to help us better understand the nature of student engagement and wellbeing over time.

## 10. When will the Partners in Learning survey happen?

The surveys will be conducted in all participating schools between Monday 27th August (Week 6, Term 3) and Friday 26th October 2018 (Week 2, Term 4).

### What is CESE?

The Centre for Education Statistics and Evaluation (CESE) is part of the Department of Education.

CESE has been established to improve the effectiveness, efficiency and accountability of education in New South Wales.

CESE will identify and share what works, creating new opportunities to improve teaching and learning across all of education.

More Information about CESE is available at: [www.cese.nsw.gov.au](http://www.cese.nsw.gov.au)

### What is *The Learning Bar*?

*The Learning Bar* is a Canadian education company that specialises in school surveys for both primary and secondary students.

Its survey, *Tell Them From Me*, is the largest national school survey in Canada, used in nine of Canada's ten provinces. More than 6,300 schools and 5.4 million students have participated in the survey. Australian schools have been participating in the *Tell Them From Me* surveys since 2012.

*The Learning Bar* is led by Dr J Douglas Willms. Dr Willms is the President of the International Academy of Education, a Member of the US National Academy of Education and a Fellow of the Royal Society of Canada. He recently held the Tier 1 Canada Research Chair in Literacy and Human Development for 14 years. Dr Willms has played a lead role in the development of questions for the OECD's Programme for International Student Assessment (PISA).

More information about *The Learning Bar* is available at: [www.thelearningbar.com](http://www.thelearningbar.com)

If you have any questions about the parent survey, please contact CESE via email: [TTFM@det.nsw.edu.au](mailto:TTFM@det.nsw.edu.au) or by telephone: **1300 131 499**.



Education

High Performing Students Team

## Applying for Year 7 entry to selective high schools

# in 2021

Thinking of applying for  
a government selective  
high school for Year 7  
in 2021?

You must apply online at:

[education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7](https://www.education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7)



### Key Dates

Application website opens:  
**8 October 2019**

Application website closes:  
**10 pm, 11 November 2019**  
You must apply before this deadline.

Test authority advice sent to all applicants:  
**27 February 2020**

Selective High School placement test:  
**12 March 2020**

Placement outcome information sent  
overnight on:  
**4 July 2020**

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Parents should check the website at [education.nsw.gov.au/shs-oc](https://www.education.nsw.gov.au/shs-oc) regularly throughout the application and placement process.

Please check the website for information before you contact the Team.

The Selective High Schools placement process for Year 7 entry is administered by the High Performing Students Team\*.

#### Contact Details:

High Performing Students Team, NSW Department of Education  
Email: [ssu@det.nsw.edu.au](mailto:ssu@det.nsw.edu.au)  
Telephone: 1300 880 367  
Fax: 02 9266 8435  
Postal Address: Locked Bag 53, DARLINGHURST NSW 1300  
Facebook: <https://www.facebook.com/groups/772251106301086/>

#### Please Note:

\* In this document, the High Performing Students Team is referred to as the Team.

'Parent' is defined under the Education Act, 1990, as a 'guardian or other person having custody or care of a child'



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# Kindergarten Orientation

## Puggles Program

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**Wednesday**  
**14th Aug**  
6:00pm  
Library

### Parent Information Session

You will be introduced to our dedicated staff, who will present visual snapshots of what we offer our students at Cardiff North. You will be provided with a 'welcome pack' and meet our school wellbeing mascots.

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**Tuesday**  
**10th Sept**  
9.30-11am  
Library

### Parent & Child Sessions

Students will meet their buddies and enjoy a tour of our school. They will be introduced to our mascots for their first lunch and play time at our school. Parents will have the opportunity to explore healthy lunchbox options from a 'Good for Kids' healthy eating advisor.

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**Thursday**  
**19th Sept**  
9.30-11am  
Hall

### P&C and Uniform Information

The P&C will provide information about how the P&C works with the school and uniforms will be on display.

### Literacy & Numeracy

Parents will learn about the Early Action for Success Initiative. K-2 students begin school with a strong team of staff who ensure their continual improvement. The role of the Instructional Leader and Interventionist K-2 is complimented by our learning support team. Scholastic book packs will be distributed.

### Classroom Visit

Children will experience a variety of activities which will support them in a smooth transition to kindergarten. Opportunities to develop relationships with other students will occur in a highly supportive environment.

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**Tuesday**  
**24th Sept**  
2-3pm  
Hall

### Wellbeing Information

School wellbeing procedures will be communicated to parents. Our learning support team will provide information on school readiness and support programs.

### Classroom visit

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**Tuesdays and Thursdays**  
2-3pm  
Kindergarten Room

### Kinder Transition Days

Students will experience full kindergarten style lessons during these visits with support from their buddies and the orientation team.

**Dates: Thursdays 17th, 24th and 31st of October and Tuesdays the 5th, 12th and 19th of November.**

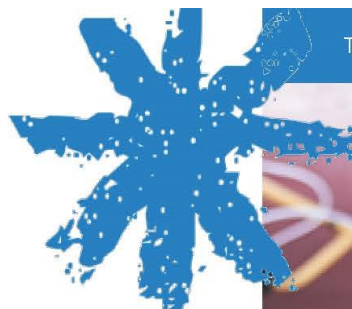


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## Strengthening kids' self-esteem in a digital world

by Martine Oglethorpe

How do we develop and nurture our child's self-esteem in a world where the likes, comments and followers are often seen as the social currency for popularity, confidence and self-worth?

While young people live out much of their social lives online, there are certain elements of this world that can have a negative impact on the social and emotional wellbeing of young people, particularly if that person's self-esteem is already fragile.

The very connected, very visible and public nature of social media ensures that many of the challenges faced by young people previously are now magnified and felt more deeply when played out online. We need to give young people the confidence, skills and perspective to ensure that they can reduce the negative impacts, and instead learn to thrive both online and in real life.

What are some of the things we can do to help nurture that self-esteem and prepare them for the challenges of a very public social media?

### Build their independence and resilience early

Make sure they are confident in their own abilities to problem solve themselves. Let them to do things that may result in failure but allows them to pick themselves up. Let them know that mistakes are OK, as long as we learn something from them.

### Encourage activities and pursuits

Feeling part of a community can be an invaluable element to fostering self-worth. Encourage kids to have interests away from the screens, such as belonging to teams, clubs and groups where their achievements and efforts can be recognised and celebrated.

### Helping others and volunteering

Giving kids the opportunity to help others, such as coaching a junior team, helping out with training or helping people less fortunate are great ways to build self-worth. Developing empathy for others helps kids to realise that the world is a much larger place than their social media feeds.

### Spend time with them

It is easy to spend time with our kids when they are young. We can take them to the park, play games, read them books. As they get older and we are not so cool to hang out with, it becomes trickier. But we need to look for times to spend just being together, whether that's watching a movie they like, playing a game, or grabbing a milkshake

on the way home from sports training. Find things they like to do. Even just sitting on their bed at night and letting them know you are there can be beneficial.

## Family meals and rituals

Having regular moments of connection that are part of their everyday can be **critical in providing stability and security**. Connecting as a family with a nightly meal has been proven to be an effective way to give kids the comfort of knowing they have a place that is familiar and safe and unconditional. Or look for other rituals to provide this security.

## Communicate often about what is happening online

Talk to them about the things you see online, let them know you have an understanding, learn about it and be sure to look at things from their perspective. Use **teachable moments** to highlight when things go wrong and be sure that you remain relevant to their world so that they know you are there should something go wrong.

While we cannot always be there to follow everywhere they go online and be up to date on every single site or app they visit, we can do a lot in terms of instilling good values, building that self-esteem and ensuring that they have a positive sense of self that transfers from the real world to wherever they find themselves online.

**You can attend our upcoming webinar, Strengthening kids' self-esteem in a digital world, at no cost!**

### About the webinar

This webinar will look at how we can best equip our young people to thrive both online and in real life as they grow up immersed in online spaces.

### When

Wednesday 30 October 2019 8:00pm – 9:00pm AEDT.

### Price

This webinar is \$37 per person to attend, and is free of charge to families at schools that have a membership.

### How parents can redeem the voucher

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-strengthening-kids-self-esteem-in-a-digital-world>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **DIGITAL** and click 'Apply Coupon' (valid until 30 November 2019). Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details. These details are used to login to your account and access your parenting material
7. Click 'Place Order'



### Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: [info@martineoglethorpe.com.au](mailto:info@martineoglethorpe.com.au), [themodernparent.net](http://themodernparent.net), [facebook.com/themodernparent](https://facebook.com/themodernparent)